

HELP SAVE A LIFE

Don't Miss These **FREE** Training Opportunities!

 October 17, 2023

 The Maxx
94 Railroad St.
New Milford Ct



Attend both training sessions or pick one.

→ **QPR GATEKEEPER**
Suicide Prevention | 6:00 p.m.-7:00 p.m.

Presented by the McCall Behavioral Health Network

QPR stands for Question, Persuade, and Refer — three simple steps anyone can learn to help save a life from suicide. As a QPR-trained Gatekeeper, you'll learn to recognize the warning signs of suicide, how to offer hope, and how to refer someone to resources in the community to help save a life. QPR is a nationally recognized, evidence-based training that grants participants certification considered active for three years.

→ **NALOXONE ADMINISTRATION**
Overdose Prevention | 7:00 p.m.-8:00 p.m.

Presented by Greenwoods Counseling & Referrals

Attendees will receive a FREE Naloxone Kit with two 4-ML doses of Naloxone.

Topics that will be discussed:

- Overdose prevention strategies
- A brief history of Opioid Waves
- Local resources and support
- Signs and symptoms of an overdose
- How to administer Naloxone
- Current protective legislation



*Interested in registering for either or both trainings?
Scan the QR Code or email Donna Bielefield at
donna.bielefield@mccallbhn.org to register!*

